

Skills modern sewing 2017

Projects:

1. Lounge pants made of flannel or fleece with an elastic waistband
2. Small zippered storage pouch

Materials: *Fabric design and thread colour up to the student*

Consumables per student

1 yd flannel or fleece

Up to 6 fat quarters or other scrap fabrics

3 spools of thread (one off-white, one lounge pants and one for pouch top-stitching)

3 ft wide waistband elastic

One white or black around 8"/20cm zipper

Reusables per student

1 basic sewing machine with two needles and 3 bobbins

1 pair fabric scissors

1 measuring tape

1 marking pencil

1 stitch ripper

~40 straight pins

Hand sewing needle

Shared by up 4 students

Cutting mat

Rotary cutter

Ironing station

Score sheet

Category	Max points	Competitor score
Use of machine	20	
General set up and care of machine	5	
Bobbin winding	5	
Changing needle and threading top thread	5	
Proper use and care of other materials especially scissors, needles, rotary cutters and the iron	5	
Construction of pants	30	
Use of material: No waste, proper direction	5	
Good seam allowances, straight even seams, crotch matches up, no loose threads	10	
Consistent backstitching	5	
Elastic properly inserted (not twisted, clean seams)	5	
Proper fit (length and waist)	5	
Design and construction of zippered pouch	30	
Use of cutting board and rotary cutter to cut 90° corners and ¼" seam allowances	5	
Consistent ¼" seams around edges and on top piecing	10	
Clean corners, edges match (ironing seams opposite ways)	5	
Zipper properly inserted (ends tucked and covered) and functional	10	
Overall	20	
General appearance of projects (pattern placement, choice of colours, designs and pieced pouch top)	10	
Time management	10	

Patterns:

Lounge pants – Adapted pattern from McCall's men's pyjama pants (faux zipper front removed) Choice of S-M-L-XL

Zippered pouch – Any pencil case size lined zippered pouch approximately 12cm x 20cm. Top can be pieced using 3-6 different fabrics and any quilting design.

Copies of full-sized pants pattern and zippered pouch example can be mailed out if requested.